

SECRETARÍA DE EDUCACIÓN PÚBLICA



# **PROPUESTA DE INTERVENCIÓN EDUCATIVA**

# VIAJAR ES MI PASIÓN

# TRABAJO RECEPCIONAL

PARA OBTENER EL DIPLOMA DE

ESPECIALIZACIÓN EN ENSEÑANZA Y APRENDIZAJE DE INGLÉS COMO LENGUA EXTRANJERO, MODALIDAD EN LÍNEA.

PRESENTA:

Cecilia Guadalupe Arévalo Ruiz ASESOR: Elin Emilsson Ingvarsdottir

MÉXICO, DF. A 19 JUNIO, 2022





# UNIVERSIDAD PEDAGÓGICA NACIONAL UNIDAD AJUSCO

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## Introduction

This lesson plan is applied to 10 students in the second semester who have been studying for a bachelor's degree in European Languages at Universidad Vasco de Quiroga, Morelia, Michoacán. These students are going to develop three fields of study, such as teachers, interpreters, and translators, and by speaking three languages, English, French, and Italian. Therefore, their learning must be focused on methods, approaches, and techniques that may provide all the necessary tools for students fulfill the degree's objectives.

The present project is based on the learning-teaching process in which is going to show the different methodologies, approaches, and techniques that could be applied to students in their classes. On the other hand, it is showed how the diverse methodologies and approaches, as well as techniques, establish links between methodologies, theories about language, and theories about language learning. This section is crucial since to have a meaningful class is necessary sometimes to make use of different concepts from different link methodologies and approaches in order to make a teaching-learning relevant process in each lesson.

Being a teacher is not an easy task, this profession requires many specific and important things, firstly, to have a clear knowledge about the didactic general of the learning process that concerns seeking after methods and techniques to improve teaching, so that knowledge reaches students effectively. Therefore, didactics is part of learning and has a scientific character. It could be said that it oversees approaching, analyzing, designing the schemes and plans destined to shape the bases of each pedagogical theory, and whose purpose is to provide the appropriate knowledge in each stage of the students' learning.

On the other hand, to have a global knowledge of methods, theories, approaches, and competencies of the learning language process. This section is fundamental due to those factors will guide and help teachers to follow a remarkable sequence of the teaching-learning language process, thus that students can obtain meaningful learning.

Therefore, teachers within each classroom face occurrences that allow them to develop a deeper understanding of the teaching-learning process. Each learning space is a setting in which a series of didactic variables interact that make teaching and learning a complex act. Teachers relate to students, objectives, methods, activities, materials, assessment, and context. However, an approach to understanding this complexity can be achieved by addressing the perspectives, and the teaching actions to interpret the multitude of variables that occur in the phenomenon of the exercise or application of didactics.

Hence, teaching English subject must be a gradual process in which teachers created methodologies where the linguistic aspects of the acquisition of the languages are seen as a global task, taking care of contents such as grammar, teaching it from a contextual perspective, vocabulary, the development of intercultural competence, and the development of the four competencies of the language as listening comprehension, writing production, reading comprehension and oral production. The teaching of English requires changes based on a new vision and a new paradigm for the comprehensive training of students, which allows reducing the failure rates and school lag, reducing the dropout rate, and improving the efficiency of the programs educational.

When it comes to acquiring a second language, it is understood that it is a slow process that does not necessarily have the same implications as the traditional concept of "learning". From this perspective, learning a language requires reflection on it and involves a conscious process of its rules and uses, being able to recognize and adhere to them. On the other hand, acquiring a language involves an unreflective process, noticeable in children who listen to and assimilate their mother tongue, unaware of the grammatical rules, and in this way, it is incorporated into their brain unconsciously.

Stephen Krashen, the renowned linguist from the University of Southern California, known for his high contributions to his discipline and specifically for his work "Second Language Acquisition Theory", designed a fundamental proposal of the theory: "This occurs naturally, exactly like the acquisition of the mother tongue, under appropriate conditions. Foreign languages are not skills taught, studied, or memorized, but they are assimilated and developed

gradually, naturally, in real communication situations, the result of human coexistence in authentic environments of a foreign culture". (Krashen, 1982)

The teaching of a second language for several decades has had a great boom and demand in world society, with the English language standing out, particularly in Mexico. Among the most common reasons are the demands in the labor field, globalization, and the appearance of new technologies such as video games, and social networks, which in most cases includes the Internet. That is why in various language schools in the country, both private and public, language teaching has been implemented. In its beginnings, methodologies focused on the simple translation of texts, on grammar, or repetition of everyday phrases were applied; Unfortunately, these practices still prevail (Richards and Ranandya, 2008).

Today with the transformation of technology and globalization, the need has arisen to implement a foreign language in the school process of children as a fundamental axis in the development of the human being, since in childhood there are infinite possibilities to learn, where the senses are reception channels for everything that the universe offers us; It requires the promotion of activities that expand the level of intelligence, language development, neurological maturity, motor skills, following instructions, self-esteem, sensory and social integration to adapt it to study habits, based on the general principles of learning. These experiences allow the student to build his knowledge from his actions to comprehensively strengthen the skills, knowledge, and attitudes to project himself in life and above all to the socio-cultural needs and the context, as a first approach, also generating motivation to be included in a globalized world like the one that is presented to us today.

Communicative skills in English as a second language can be strengthened through the different interactive strategies from collaborative learning, contextualized to the praxis of the classroom and the daily life of the student body. This language allows the development of linguistic, academic, social, and cultural skills, which broaden the projection of knowledge and reduce the scientific and economic gap of a community, introducing individuals to a globalized world, where academic and professional exchanges are the basis of development, (Truscott, 2006).

The main objective of teaching a foreign language is to develop habits and skills, as well as to provide students with new knowledge about a language, and to contribute to the scientific conception of the modern world based on the quality of language as a social phenomenon and the thought-language-culture relationship.

# Framework Chapter 1: Philosophy and Theory

# 1.01 Teaching identity and philosophy

Writing a better version of my teaching identity and philosophy to cope with our current Mexican teaching needs, I could say that I must respond to the demands of a teaching-learning model based on the development of competencies, with a communicative, functional, and sociolinguistic approach, linked to a cultural openness of the language. In addition, someone who understands the psychological and social development processes of their students and their implications for learning a language, being creative and innovative to create more favorable conditions for learning the English language in a social context in which the language is Spanish.

And finally, someone who has a high degree of commitment to their educational work and is fully aware of the importance of learning English as a tool that will allow their students to better incorporate themselves into the growing demands of the globalized world. and the knowledge society.

Throughout my teaching experience, I have gone creating my teaching philosophy which is based on judgments from different well-known authors who have written and established plenty of meaningful approaches and methods to the learning-teaching process of languages.

Firstly, Krashen (1981) believes that students' negative emotions are like filters that filter comprehensible language input. If students produce negative emotions in the process of language learning, these negative emotional factors will filter out part of the comprehensible input. On the contrary, if students maintain a high degree of positive attitude in the process of learning, then the function of the filter will be reduced accordingly.

Analyzing how I plan my classes and how I provide input to my students I consider that the higher filter hypothesis is presented all the time, due to this, I try to transmit to them a strong motivation, strong confidence, and a low anxiety level, taking care and ensuring that they get a comprehensible language input and during the time they can complete their learning process better of the L2. On the other hand, Gardner (1999) mentions that motivation is the key to successfully learning English, and interest in learning English is one of the most important factors in how well students learn a foreign language. Motivation for language learning is a complex set of variables including effort; desire to achieve goals and attitudes toward the learning of the language.

Another important factor in my teaching philosophy is how my students obtain input. According to the Natural Hypothesis, students acquire the parts of language in a predictable order. For any given language, certain grammatical structures are acquired early, while others are acquired later in the process. This hypothesis suggests that this natural order of acquisition occurs independently of deliberate teaching and therefore teachers cannot change the order of a grammatical teaching sequence. (Krashen, 1982)

Something important to mention is that as a teacher I always try to provide input to my students in the correct way, paying attention to their learning styles, their motivation, and their L2 deficiencies, in order to make it easier than they can get Intake satisfactorily, on the other hand, the process to get a real Output is important the development of relaxing activities that remove students' inhibitions and encourage their participation and interaction to verify that students were learned Output and they are able to use that knowledge in context. In this way, my pedagogical objectives as a teacher not only include providing optimal input in acquisition situations, and making this input understandable, but I also must create situations with low levels of anxiety and motivation which promote a filter low affective. In this way, my students will try to get more input, they will tend to interact, be more receptive to the input they get, and acquire more of the second language.

I describe myself as a teacher committed to her work, someone who is looking forward to being efficient when teaching a language. To me, it is quite important that my students feel motivated, active, and well all the time in their classes. I want to show them new ways to learn through the application of different approaches and methods in order to they don't learn in a traditionalist in which they are focused just on grammar and vocabulary, and they have lacking real context. In that way, I've been applying a communicative approach since through this approach, students develop the functions of the language, that is, they further evolve their speaking ability.

I deem that my philosophy is slightly clearer than it was before since now I desire to be a different kind of teacher, someone who is a guide for students in their acquisition of the language, also someone who provides a high level of motivation and interest in learning the language, in that way, I started applying methodologies which were focused at first on their ways of learning and their needs, hence I began to apply the communicative approach. This first time gave me different perspectives on the teaching process since I improved my creativity, patience, and class dynamism.

# **1.02** Theory underlying your teaching practice and identity

### The Acquisition-Learning hypothesis

According to Krashen, there are two ways to develop language skills. Acquisition involves the subconscious acceptance of knowledge where information is stored in the brain through the use of communication; this is the process that is used for the development of native languages. Learning, on the other hand, is the conscious acceptance of knowledge "about" a language (that is, the grammar or form). Krashen claims that this is often the result of formal language instruction.

According to this theory, the optimal way a language is learned is through natural communication. As a second language teacher, you should ideally create a situation where language is used to serve authentic purposes. This, in turn, will help students to "borrow" language rather than just "learn" it.

#### The input hypothesis

This hypothesis suggests that language acquisition occurs when students receive messages that they can understand, a concept also known as understandable input. However, Krashen also suggests that this understandable input should be a step beyond the student's current linguistic ability, represented as i + 1, in order to allow students to continue to advance with language development.

This hypothesis highlights the importance of using the foreign language in the classroom. The goal of any language program is for students to be able to communicate effectively. By providing as much understandable information as possible, especially in situations where students are not exposed to LT outside of the classroom, the teacher is able to create a more effective opportunity for language acquisition.

#### The affective filter hypothesis

According to Krashen, one of the obstacles that manifests itself in the acquisition of language is the affective filter; that it is a "screen" that is influenced by emotional variables that can impede learning. This hypothetical filter does not affect direct acquisition, but rather prevents input from reaching the language acquisition part of the brain. According to Krashen, the affective filter can be triggered by many different variables, including anxiety, self-confidence, motivation, and stress.

In any aspect of education, it is always important to create a welcoming and safe environment in which students can learn. In language teaching it can be especially important, since in order to capture and produce language, students need to feel that they are capable of making mistakes and taking risks. This refers directly to Krashen's hypothesis of the affective filter.

### The zone of proximal development (ZPD)

Vygotsky (1978) sees the Proximal zone of development as the area where the most sensitive instruction or guidance must be given - allowing the child to develop skills that he will later use on his own - developing higher mental functions.

Vygotsky also sees interaction with his peers as an effective way to develop skills and strategies. He suggests that teachers use cooperative learning exercises where less competent children develop with the help of more skilled peers, within the zone of proximal development. The ZPD is a very important concept for the teaching-learning process to be developer. Its use in higher medical education creates new possibilities for analysis, as it allows scientifically determining the development achieved by students and how to enhance it.

The ZDP concept is present in the didactic principles, in the formation of values and in ICT. In addition, it allows the teacher to efficiently manage the learning of their students through joint activity and communication.

#### The communicative approach

The communicative approach is marked by the development of teaching through tasks. In an attempt to turn the classroom into the setting for real communicative processes, it is proposed to carry out tasks (meaningful activities that result in a certain product) as the articulating axis of the teaching-learning process. Following Nunan (1975) we can define task as "a unit of work in the classroom that involves students in understanding, manipulating, producing, or interacting in L2 (second language) if their attention has focused primarily on the most important meaning. than in the form".

For this reason, the communicative approach uses activities, projects, games, and real tasks in which the foreign language serves as a vehicle to achieve a goal, promoting interaction between students and the development of communicative dynamics in which participants receive feedback.

For instance, when I make use of the communicative approach the activities that I'm used to applying are, role-plays, debates, and conversation in context.

#### Top down and bottom-up approaches

Bottom up refers to using the incoming input as the basis for understanding the message. Topdown method on the other hand, uses background knowledge in understanding the meaning of the message. There have been several arguments about the use of these two methods. According to Anderson, A. y Lynch, T. (1988) bottom-up help learners to develop word recognition skills, whereas top-down method help learners to develop real life listening skills. But alone it's not adequate for developing word recognition skills.

Zhang, Y. (2012) suggested that bottom-up method can be used for long term language retention, but top-down method can be used for quick acquisition by learners such as travelers, as it provides insufficient basis for communication. As a result, it can be seen as a matter of the aim of the listening. At the same time, it's been clearly stated that effective listening occurs when top down (meaning to language) and bottom up (language to meaning) approaches occur together.

Therefore, in any situation of listening comprehension, this process possibly goes from being an active process to a merely receptive, passive, and unresponsive one, which could trigger deficiencies in understanding the information that is emitted orally.

The main objective of listening comprehension is therefore to understand, and from there create new knowledge and modify behaviors. Achieve the so-called competence that, when translated into action, allows the user of the language to connect with their environment. For this to happen, the listener must reach a high level of comprehension, that is, they must be able to decode the sounds and assume a position before the message. Various authors have discussed these levels of understanding, the concepts of which will be reviewed below.

### Intercultural Competence

Intercultural competence constitutes another component of communicative competence. In the best-known model of intercultural competence (Byram 1997), it includes five different elements: 1. attitudes, what Byram calls "knowing how to be", which in turn refers to attributes such as curiosity, openness, empathy, respect for others, tolerance of ambiguity or sensitivity to cultural differences; 2. "knowledge or knowing" about other cultures, which includes their beliefs, behaviors, habits and all kinds of aspects, including material ones, of the reality of the other culture; 3. ability to interpret and relate "know how to understand", that is, know how to extract the meaning of the texts, documents or events of the other culture and compare or relate them

with their own; 4. ability to discover and interact "know how to learn/do" or, what is the same, develop the ability to learn about other cultures (for example, knowing how to ask members of the other culture about their beliefs or behaviors and extract relevant information from their responses); and 5. critical cultural awareness "knowing how to commit", which consists of knowing how to perceive and critically evaluate ways of thinking, acting and products of the other culture and of the learner's own, which allows him to become aware of his own values and how these can condition their attitude towards other cultures, their way of being and doing; this, ultimately, should allow you, as a cultural mediator, to find the necessary balance between the two cultures and develop attitudes of sensitivity and tolerance.

The teaching of intercultural competence objective is to prepare students to collaborate with other people in a global society, providing them with skills that allow them to interact with individuals belonging to other cultural frameworks in an increasingly globalized world.

# **Chapter 2: Methodology and practice**

# 2.01 A practical and useful lesson plan

## **Teaching sequence template**

Lesson plan identification cell	
Author	Cecilia Guadalupe Arévalo Ruiz
Educational stage	Second semester (level B2)
Tittle of your lesson plan	Traveling is my passion
Learning Objective of the plan/	Language aims
Competency	$\circ$ To develop the four skills (reading,
	listening, speaking, and writing). During
	the lesson, students will apply these skills
	based on Grammar topics, Vocabulary
	related to the unit, Use your English, and

	the specific information for their			
	acquisition of communicative skills in the			
	language.			
	Intercultural aims			
	<ul> <li>To guide students to discover different</li> </ul>			
	destinations for going on holiday,			
	discussing important information about			
	them such as emblematic monuments,			
	gastronomy, and customs.			
Communicative skill considered	Reading, listening, speaking, and writing			
Functions	<ul> <li>Talking about holidays</li> </ul>			
	<ul> <li>Experiences visiting places</li> </ul>			
	<ul> <li>Recommendations of places</li> </ul>			
Main Grammar structure	Comparison of adjectives and adverbs			
	/gradable and non- gradable adjectives,			
	adjective order.			
Hours of the plan implementation	7-8 hours			
Number of sessions	4 sessions of 2 hours			
Contents required for the lesson	Close-up B2 Student's book			
Link of the content	https://www.eltcloseup.com/close-b2-2nd-			
	edition			
EEAILE tutor on time	Elin Emilsson Ingvarsdottir			

## Introduction to the Lesson

Step of the	Teacher activities	Students' activities	Session	Materials
lesson			Number	
ACTIVATION	The teacher introduces		00	Student's
Before the	the class, saying that for			book
lesson	this week we will be			
	working on a new lesson.			
	The teacher plays a video	They watch the video		Video
	from YouTube about the	and give their opinions		Espresso
	difference between trip,	about what they		English,
	travel, and journey.	understood.		2018.
During the	The teacher asks	Students check lesson	01	
lesson	students if they	11 on page 135 and		
	understood the difference.	observe the full		
	The teacher asks to	content.		
	students take a look at			
	lesson 11 from their	Students explain what		
	student's book.	they can see in the		
		picture.		
	The teacher presents the			
	full content of the lesson	Students answer to the		
	showing and explaining	question about if they		
	what we'll be discussing	would like to be there.		
	for one week.			
	The teacher asks	Students tell some		
	students is they love	anecdotes about their		
	traveling?	travels and journeys.		
	Which places they have			
	visited? and			

	What kind of holidays they prefer? The teacher elicits that	Students give a top 5 kinds of holiday that appeal to them most, giving a reason.		
Set the objective or competencies of the lesson	the unit will be about holidays and travelling. The teacher writes the learning purposes of the lesson and have students read it and comment,	Students read the learning purposes of the lesson, clear doubts, and express opinions briefly.	01	

	Reading						
Step of the	Teacher activities	Students' activities	Materials	Session	Evaluation		
lesson				number			
Previous	The teacher reads the	Students discuss the	Page 136	01	Students'		
Speaking	list of potential holiday	list of potential	from the		participation		
before the	problems to the students	holiday problems,	student's				
reading skill	from page 136. The teacher asks students if they have suffered one of those incidents when they have travelled.	telling some anecdotes when they had been in the middle of those incidents.	book.				
Exercise B Reading Skim and scan techniques	The teacher asks students to focus on the tittle of the reading "It could have been worse", which story is situated in Italy. The teacher explains to the students that they don't have to read the text in detail now as they will have another chance to read it later. The teacher asks students to read the	Students read the questions from the Exam task in order to know what the reading will be about. Students practice the skimming and scanning in order to find the correct answer from the Exam task.	Page 136 from the student's book. Reading: It could have been worse.	01	Exercise B of the reading completed. Rubric for reading tasks		

Discussion	questions before the skimming and scanning. The teacher asks students to read the full reading in order for students explain what they understood. The teacher asks studentsWhat did they understand from reading?	Students explain the reading and infer about it. Students check their answers and discuss the mistakes.	Page137 from the student's book.	01	Students' participation. Rubric for reading tasks
Feedback	Teacher gives students feedback, checking and correcting the answers from the Exam Task. In addition, she gives some interesting facts of Italy in order for students get cultural knowledge.	Students listen carefully to the facts and make comments about them.	Teacher's knowledge		

	Listening						
Step of	Teacher activities	Students' activities	Materials	Session	Evaluation		
the lesson				number			
Grammar	The teacher presents	Students explains	Page139	02	Students'		
Grammar focus Gradable and non- gradable adjectives, adjectives order Feedback	The teacher presents the topic by showing a page from google. The teacher asks students about What is an adjective? The teacher explains the gradable and non- gradable adjectives, adjectives order. The teacher asks students to do a dialogue in group in which they make use of the topic in a holiday context. The teacher gives students feedback about	Students explains what an adjective, by giving some examples. Students forms groups of 5 members, they invent a context in which they can make use of the grammar topic.	Page139 from the student's book. Website resources (British council. s.f.)	02	Students' participation. Student's oral production in context. Speaking checklist		
	the mistakes detected in the debate about vocabulary, pronunciation, structure, etc. She leads them into detecting & correcting			02	Students'		
					participation.		

Listening part	the mistakes by themselves. The teacher plays a video (Gilding across the Gobi), in which students will learn some facts about this place. The teacher asks them to look at the globe to see which part of the world the Gobi is in. The teacher gives students background information in order to have an idea about it.	Students read each exercise before the audio. They give some facts about it, Students listen carefully the recordings and answer the exercises. Students watch the video carefully, once they watch it, they discuss it.	Students' book page 146. Video section. A video from National Geographic.	Students complete the exercises.
	The teacher asks students to answer a Kahoot about the video they have watched,	Students play a Kahoot relate to the video.	Play a Kahoot	Kahoot results
Feedback	The teacher verifies the students' answers, clarifying the correct ones. In addition, the teacher asks students some questions in order	Students reenforce their cultural knowledge by watching the video.		

What can you learn     by traveling to     Stu	swers, correcting mistakes.
What can you learn     by traveling to     Stu	
If you could choose givi	e questions by ing interesting swers.

	Speaking						
Step of the	Teacher activities	Students' activities	Materials	Session	Evaluation		
lesson				number			
Speaking	The teacher assigns a	Students chose their	FCE	03	Students'		
activity	FCE exercise. She	partner and get	Cambridge		production.		
	explains that this	ready to start the	sample				
	activity is in pairs. The	activity.			Speaking		
	teacher shows some				checklist		
	pictures about holidays						
	and asks them some						
	questions, such as:						
	<ul> <li>Look at pictures A and B and describe the kind of holiday they represent.</li> </ul>	Students do the activity, answering the questions.		03			

				]
	Which of the two			
	holidays would you			
	enjoy most? Why?			
	Have you ever been			
	on a holiday like the			
	one shown in			
	picture A or B? If			
	so, what was it like?			
	Why do you think			
	holidays are			
	important?			
	Do you prefer			
	beach holidays or			
	educational and			
	cultural holidays?			
	Why?			
	The teacher indicates			
	that each group of two			
	members must take			
	their turns in order to			
	answer the questions,			
	8min per couple.			
Feedback	The teacher gives			
	students general	Students get		
	feedback about what	feedback about their		
	she observed from	speaking production,		
	students. She gives	taking notes on what		
	them some tips and	they did mistakes.		
	remarks on what they			
	did correctly.			

1			

		Writing			
Step of the	Teacher activities	Students' activities	Materials	Session	Evaluation
lesson				number	
Vocabulary	The teacher gives	Students look over	Blog	04	Students'
and Use of	students a sheet with	the sheet. They ask	(website)		participation.
English	vocabulary,	to the teacher about			
	prepositions and	some doubts.	Vocabulary		Students'
	colocations related to		sheet		writing
	holidays and travel.				production.
			Internet		
	The teacher checks				Rubric for
	the content with				reading tasks.
	students in order to				
	look over the meaning,				
	pronunciation, and				
	application.				
Writing	The teacher assigns	Students write on			
activity	students to write in	their blogs account			
	their blogs a writing	the assignment that			
	task in which they	the teacher asks.			
	must make use of				
	grammar, vocabulary,				
	and the use of English				
	learned during this				
	lesson.				
	The teacher				
	assigns" you have				
	decided to enter an				
	international short				

	story competition". The competition rules say			
	that the story must begin with the words:			
	Joe put his hands			
	into his pocket and			
	realized his passport			
	was gone			
	The teacher stipulates			
	that they must write from 150-190 word.			
	110m 150-190 word.			
	The teacher gives			
	students feedback	Students receives		
Feedback	about the mistakes	feedback, they		
	detected in the debate	correct their mistakes		
	about vocabulary,	of everything.		
	grammar, structure,			
	etc.			

## Analysis of the procedure of the learning activities

### Activation

This lesson plan is focused on holidays, in the activation step the teacher asks students for the differences between trip, travel, and journey since these words are used when it comes to vacations.

Students give the differences showing some of them confusing answers, therefore the teacher decides playing a video from YouTube about it, in order for students check their answers and she could provide feedback. After this, the teacher presents the full content of the lesson showing and explaining what we'll be discussing for one week also she elicits the objectives. Then, the teacher asks students is they love traveling? Which places they have visited? and What kind of holidays do they prefer? Here students asked the questions by telling many anecdotes about all the places they have visited, such as France, England, Italy, Spain, Germany, New York, and Canada. On the other hand, the teacher also shares her traveling experiences that she has had in her life.

It is expected students participate and get interested on the main topic and with the activities.

#### Reading

For the first skill, the teacher starts with a previous speaking production since she asks students to read some holiday problems seen on page 136. According to them, the teacher asks students if they have suffered one of those incidents when they have traveled. Here it is expected that students provide some anecdotes when they had been in the middle of those incidents. Following the order, the teacher asks students to focus on the reading shown below which is about a woman who had some incidents when she was visiting Italy. Here the teacher asks students to apply the skimming and scanning techniques in order to answer this activity. Once students have finished it, the teacher asks them what they understood from the reading. Students get excited about the reading as well as give the main idea. In the end, the teacher gives feedback, checking and correcting the answers, in addition, she gives some interesting facts about Italy in order for students to get cultural knowledge.

#### Listening

In this skill, the teacher adds three more different skills, they are grammar, speaking, and listening. In the begging, she introduces the topic that the unit shows by showing pages from Google about gradable and no-gradable adjectives and adjectives order. Here, the teacher asks for previous knowledge, asking students if they remember or identify what is an adjective and its functions in a sentence. It is expected students know since they have an advance level as well as an excellent grammar knowledge. Then the teacher explains the topic by giving examples and situations in where they can make use of it. The activity developed is focused on a dialogue in group in which students must use the previous topic by imaging a situation in context. Students love these kinds of activities since they find them meaningful use grammar in real and conscious situations and not just by answering the exercises shown in the book. After this, the teacher gives students feedback about the mistakes detected in the debate about vocabulary, pronunciation, structure, etc. She leads them into detecting & correcting the mistakes by themselves.

Then, for the listening part, the teacher uses the video (Gilding across the Gobi) that the book provides, in which students will learn some facts about this place. However, before the teacher plays it, she introduces the activity by asking students where the Gobi Desert is and if they know something about that place. The teacher shows students a Kahoot she made in order to check if they understood. The Kahoot has 6 questions, which are based on the video. Once students watch the video, they play the kahoot. It's expected students get interested in the video and the game. During the feedback, the teacher verifies their answers by adding two questions in order to reinforce the feedback. Those questions are: What can you learn by traveling to different countries? If you could choose one place to visit in the world, where would it be, and why? As mentioned before, those students are advanced thus their listening comprehension, their speaking is superb, therefore, the expected outcomes are meaningful as well as students' attitudes.

### Speaking

The speaking skill is mainly focused on a FCE speaking practice, which is about holidays too. Here, the teacher explains that the activity is in pairs, each one will see 4 pictures A, B, C, D, and based on them, the teacher will ask two questions. Then, the teacher indicates that they must take their turns in order to do the activity. Once the five pairs finish the activity, the teacher gives students general feedback about what she observed from students. She gives them some tips and remarks on what they did correctly. It is expected students get positives results and like this Cambridge simulation.

### Writing

For this skill, the teacher introduces vocabulary, prepositions and collocations related to holidays and travels. Here, the teacher gives students some sheets, both check them in order to look over meaning, pronunciation, and application. After this, the teacher assigns students to write in their blogs a short story from 150-190 words that must begin with the next words: "Joe put his hands into his pocket and realized his passport was gone" ... students must make use of grammar, vocabulary, and the use of English learned during this lesson. The teacher gives 35 min to write it. Once students finished, the teacher gives students feedback about the mistakes detected in the debate about vocabulary, grammar, structure, etc. She leads them into detecting & correcting the mistakes by themselves too. It is expected students do an excellent job, in addition, students get interested, and feel motivate.

## 2.02 Tools to assess/test the progress of students

#### Activation

The rationale behind the materials used for the activation part are a video from a YouTube channel called Espresso English, it is focused on the differences about trip, travel, and journey. I decided to use it since it is a good way to introduce the main topic of the unit. The video goes to the point, expresses clear differences, and is entertaining for students. For this video, the teacher didn't create an assessing tool as such but only checked if students understood the differences by asking them an example. The outcomes received were positives and corrects, in a nutshell, students understand it since they gave favorable examples. The last material is

mainly focus on the student's book. From the teacher view, Close-up B2 has an excellent, interesting, and meaningful content in each skill. Here it was necessary to use a speaking check list since in this section the teacher asked students some questions about the picture shown in the cover page if unit 11. The check list is focused on fluency, coherence, appropriate vocabulary, pronunciation, grammar, and creativity aspects. Each item was evaluated on a scale from 1 to 5, with 1 being the lowest rating and 5 being the highest, which gave rise to a series of ranges. The outcomes were on the scale from 4 to 5, students shown just few mistakes in prepositions and collocations (grammar aspects).

## Reading

The rationale behind the reading tool is based on Close-up again, as I already mentioned, the book provides interesting contents, in this case, the reading on page 136 has a section called Exam task with 6 multiple option questions which must be answered according to the article. The testing tools are focused in two parts, the answers of the exam task in where I checked and corrected mistakes. And a rubric of reading comprehension which is focused on comprehension, grammar, and format skills, with 3 scales: below, approaching, and exceeds. Each item was evaluated on a scale from 1 to 3, with 1 being the lowest rating and 3 being the highest, which gave rise to a series of ranges. Here I used it when I was checking with students the exam task and by asking some extra questions in order to increase this process and get more evidence. The outcomes were satisfactory since students got all the questions correct, therefore, they stayed on the third scale of the rubric. In the end, the teacher used their traveling knowledge as a material too since told students some interesting facts about Italy.

### Listening

The rationale behind of materials for this skill are firstly based on website resources about the grammar topic (gradable and non-gradable adjectives and adjectives order shown in the student's book. Most of times Close-up doesn't show a full grammar explanation since it's an

advance level. Therefore, I looked for websites in order to provide a deep explanation. The assessing tool used for this material it was again the speaking checklist, as mentioned before, this tool is based on 5 degrees that grade the fluency, coherence, appropriate vocabulary, pronunciation, grammar, and creativity aspects. The outcomes were excellent, students shown all the mentioned aspect on the highest degree, however they felt slightly confused with the British accent, in the same way, students looked interested in the activity since they practiced the grammar topic in a real context in a speaking activity.

The second material used here; it was a video from the student's book. National Geographic books provide a video at the end of each unit, for unit 11 the video is called Gilding across the Gobi. Therefore, in order to assess the listening skill, I created a Kahoot that has some questions about the Gobi Desert. I used a technological tool thus this game was played from their phone. The outcomes were positives too since all of them got right the answers, as well as students felt keen on for the Kahoot and about their results.

#### Speaking

For this skill, the material used was just a FCE Cambridge sample. Therefore, the rationale behind of this document is based on a real certification. It has different topics which shows 2 or 4 pictures, each one contains many questions about it. In this case, it was chosen the exercise about holidays. The assessing tool was the speaking checklist, as it explained in the procedure this task was in pairs, therefore each student was assessed individually by this tool.

The outcomes were satisfactory and meaningful too, however, some students felt apprehensive and shown an issue with the fluency and coherence, due to the nervous since I explained them that it is slightly the same what is do in a Cambridge exam. Students are keen on to do the certification since for them it is mandatory if they want to graduate. In the end, they got the experience to do something like that, and as well as they learnt some techniques in order to avoid situations that could affect their speaking production in their future Certifications.

### Writing

Talking about the materials, the rationale behind is based on the creation of a blog from the website www.blogger.com, where students must post something specific about the unit they are working on. As I mentioned before, the activity was focused on unit 11, which was about holidays. This material tool required the use of technology which was helpful for students since it was a creative way to share on the internet that's what they wrote.

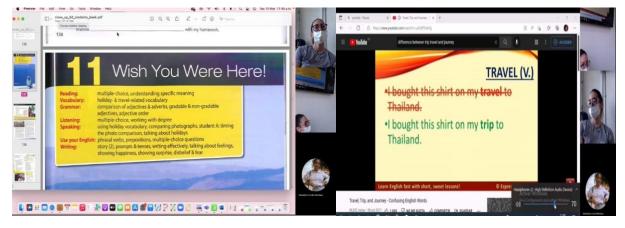
The assessment tool used here is the checklist, which is based on different evaluating aspects, such as clarity and consistency, appropriate vocabulary, order, correct use of grammar, and the number of words assigned.

In the same way, another material that was used by students was focused on the use of the English and vocabulary section, I gave students sheets from the internet with words, prepositions, and collocations based on the topic in order for students to make use of them in their writing activity.

# 2.03 Attached evidence

The following section shows all the evidence that demonstrate a clearer idea of what the procedures are.

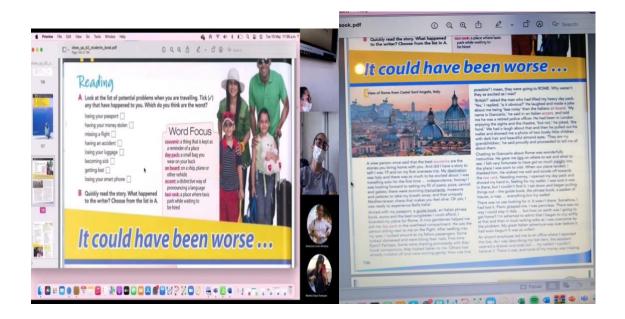
1# The cover page of the unit which shows All the content that it has.



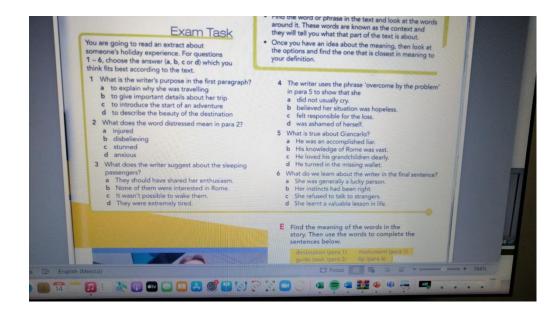
**2#** The introductory video for the unit

3# The speaking activity based on the reading section

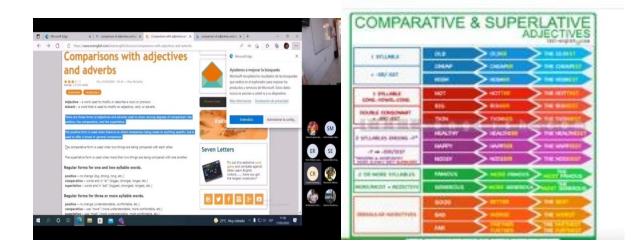
4# The reading based on the skimming and scanning techniques



#### 5#The exam task based on the previous reading



6# and 7# Materials for the grammar explanation

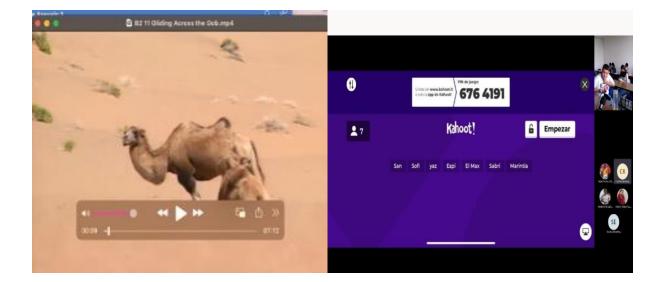


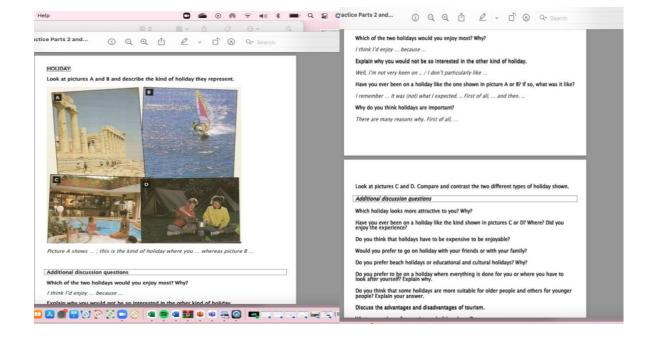
8# Evidence of the speaking activity based on the grammar section



**9#** Video for the listening comprehension

### 10#Kahoot based on the listening activity





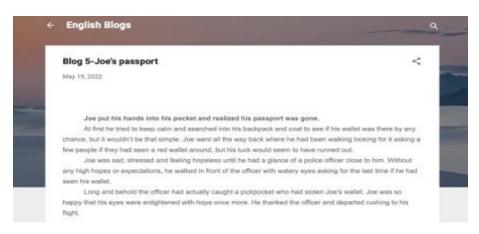
11# Speaking activity based on a FCE speaking practice

12# Evidence of the previous speaking activity



13# Vocabulary sheet based on the main topic of the lesson plan





14# Evidence of the writhing activity

# 2.04 Evidence of my designed tool to assess my students

Analyzing the different tools that were used to evaluate the activities established in the lesson plan, they were considered completely successful and enriching, since they allowed to show qualitative results that could be analyzed and interpreted in order to provide meaningful feedback for the students.

From the teacher point of view, those tools to assess students don't need any changes since each one is formed by elementary aspects that work in order to assess students' skills within each activity.

#### Writing skill

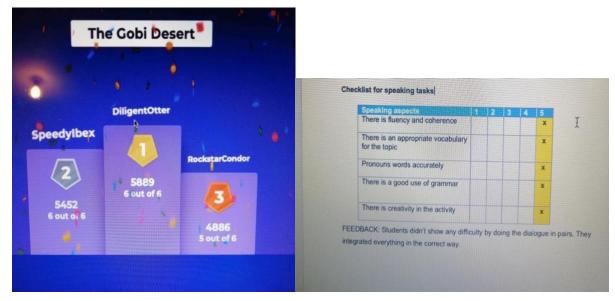
Kevin Arturo Varga. Checklist for writing tasks ... Student Work Student: Kevin Vargas Writing aspects ... Blog 5.docx The written production is clear and X Take action in student view coherent. Feedback There is appropriate vocabulary for X FEEDBACK: Kevin showed an the topic. excellent writing production, he fulfilled all the aspects marked on the checklist, which were it contains the requested X identified in the highest level. At specifications. (Number of words) the same time, he showed creativity and spontaneity by writing the story in the blog. There is an order. X 0 2 + There is a good use of grammar. Y Points 17 FEEDBACK: Kevin showed an excellent writing production, he fulfilled all the aspects marked on the checklist, which were identified in the highest level. At the same time, he showed creativity and spontaneity by writing the story in the blog.

#### 1# Checklist for writing

## 2# Sent feedback

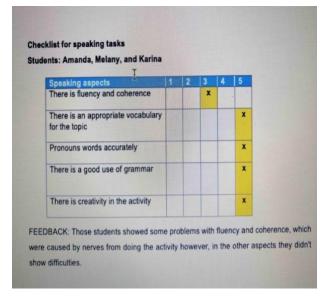
## Listening skill

#### 3# Kahoot game



### **Speaking skill**

## 5# Checklist for speaking



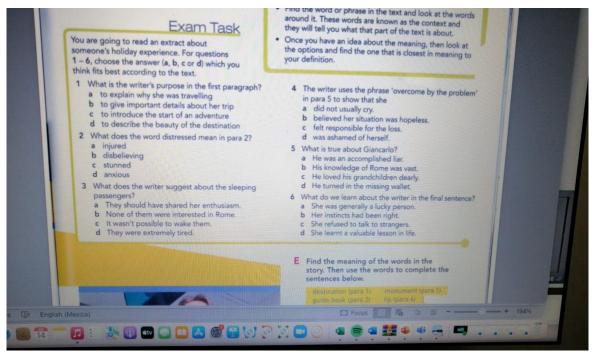
## 4# Checklist for speaking

#### **Reading skill**

### 6# Rubric for reading

Skills	1 Below the Standard	2 Approaching the Standard	3 Exceeds the Standard
Comprehension	Student did not complete assignment and/or did not answer more than half of questions I correctly.	Student answered at least half of the comprehension questions correctly.	Student answered all (100%) comprehension questions correctly. Student fully demonstrates comprehension of main idea from the reading.
Grammar	There are numerous spellings or grammar errors, making the answer impossible to understand, There is no punctuation.	There are numerous spellings or grammatical errors, making the answer difficult to understand. Most Puncutation is not used correctly.	Proper use of modern English spelling and grammar is employed consistently throughout the assignment. Punctuation is utilized correctly and only when necessary.
Format	Paper is not formatted correctly.	Paper is partially formatted.	Paper is formatted correctly.

#### 7# Quiz



# 2.05 video

The following link shows the performing and recording of the activities and materials which were carefully planned during the development of this lesson.

https://drive.google.com/file/d/1OQYH0y5g-visGfdBdBE6Wirro9GKyKXI/view?usp=sharing

# **Chapter 3 Experience Report**

By analyzing the activities carried out with a keen outlook on what worked and what didn't work, and in the same way, the analysis about what I have learned through the process of learning and carrying out activities about myself and my teaching philosophy.

Throughout this lesson plan, the development of the established activities was carried out in the best way. From the beginning, students were showing motivation and interest during the execution of each one of them. The topic exposed in this lesson was vacations and trips, subjects that are undoubtedly attractive to anyone. In the process, there was an advance, and dynamism in the teaching-learning of the students was noticed. For instance, within the reading ability, students projected an excellent level of comprehension since the reading did not show any difficulty in vocabulary and grammar. In that same part, an oral activity was developed, in which most of the students participated immediately, by maintaining a degree of fluency and coherence all the time. Therefore, by comparing the expected outcomes, I could mention that they were the same since I was convinced of my students' capacity.

In the listening template, a slight difficulty is shown, and this was due to the British accent exposed in the video. The students felt a bit confused by that. However, the activity was carried out and students understood and acquired cultural information that could be verified in the Kahoot, students got a great score. Here the grammatical development was used in conjunction with an oral activity, resulting in the excellent handling of the topic in context. According to the

expected outcomes I didn't expect students would have problems with the accent, therefore I could guide them by explaining the pronunciation of the words.

On the other hand, in the speaking template the results were also superb, however some students felt very nervous since the activity was based on the development of a real Cambridge test, therefore, it was a very significant activity for the students since they are interested in taking the exam the next year. The expected outcomes were slightly different since I didn't expect they would feel like that.

Finally, for the part of the written production, the students showed coherence and clarity, there is an excellent use of marked and assigned vocabulary as well as in the use of grammar.

Making a general analysis of the application of the activities, I can realize that one as a teacher must always have different strategies that can be applied when the objectives are not being fulfilled as they should be. On one side, part of my philosophy is based on the time to cope with our current Mexican Teaching needs, I could say that I must respond to the demands of a teaching-learning model based on the development of competencies, with a communicative, functional, and sociolinguistic approach, linked to a cultural openness of the language. In addition, someone who understands the psychological and social development processes of their students and their implications for learning a language, being creative and innovative to create more favorable conditions for learning the English language in a social context in which the language predominant is Spanish.

# **Chapter 4: Conclusions**

The study of the theoretical references to the development of receptive skills in the teachinglearning process allowed us to characterize the process from different points of view. Throughout this specialty, I was able to learn too many significant aspects to improve and enrich my teaching work. Among them are Krashen's hypotheses, such as the input and the affective filter hypothesis, those approaches provided and advanced my teaching further, in the same way, other aspects concerning about the effective application of the intercultural competence, and finally on the different points of the assessment and testing.

I consider that effective teaching is based on principles of learning. It is not possible to separate the main component of a teaching process, as to consider the skills, the methods, approaches, and the techniques on which this process rests. Anyway, sometimes teaching happens almost immediately and other times it is accomplished only through a long, patient, and diligent process. Then, it can be condensed to preparation, presentation, application, review, and evaluation.

Through this process, the teacher must consider several principles which describe the anted performance of the learners. On the other hand, it is too important to highlight that within the importance of motivating students to study English, it should be noted that they should always be reminded that this language is going to be very necessary in their lives, since, as mentioned during the development of the work, it is one of the most spoken in the world, in addition to the fact that most of the useful information for them in their future careers is written in that language, perhaps this does not attract their attention so much, but if they are informed that through the language they are going to interpret what the songs of their favorite artists say, perhaps their interest is greater since with this tool they will be able to access better jobs, better salaries and, therefore, a better quality of life in the future.

Since the arrival of the communicative approach to language teaching, the development of the four language skills: speaking, listening, reading, and writing, has always been one of the main

objectives for both curriculum designers and teachers since they have been a fundamental element in the development of communicative competence.

Many authors worldwide agree on the importance of integrating language skills, while others prefer to treat them separately; This is large since they have their characteristics, which is why, in the opinion of the authors of this work, at some point in the class they should be treated separately.

Speaking and writing skills are productive; however, oral discourse is linear when compared to the hierarchical structures of written language. Oral text, unlike written text, is often context-dependent and personal, which means that to take part in a conversation it is necessary to have certain prior knowledge. The oral text has elements of non-verbal languages, such as gestures, looks, and pauses, which help to understand, while in written language the entire message must reach the reader through words and diverse grammatical structures so that they understand what is expressed, which makes writing more difficult. Some authors suggest that by teaching students to improve their learning strategies in one skill, they will improve their performance in the rest.

A task-based approach is very effective for practicing more than one communication skill in the same class; in performing it, students are required to understand, produce, manipulate, or interact using authentic language while paying attention primarily to meaning and not to form. In this process, working in groups and pairs encourages interaction and collaboration and thus increases motivation by being able to use the language naturally. Hence the importance of the social environment in the analysis of human behavior to reflect their experiences understandably.

Students quickly learn about the richness and complexity of the English language when it is used for communication. Furthermore, this approach emphasizes that English is neither an object of academic interest nor a way to pass an exam, but rather a real means of interaction and communication between people.

In general, I consider all those tasks that I provide to be complex and meaningful due to stimulating creativity, and imagination, and each one encourages different skills even if they are just focused on writing, speaking, reading, and listening. I proposed those tasks based on specific levels since I work with those. I've been applying them a couple of months ago and I've noticed my pupils get interesting doing them. Also, I've noticed they have been showing progress in writing and reading skills.

Another point I've observed as well is my students feel pleasant due to the tasks are based on technology, as it's known nowadays, most the people get fascinated being in touch with it so in this case, it was not an exception.

The main challenges that I faced throughout this specialty were initially the use of authentic materials, unknown approaches and methods, and self-control.

On the other hand, I faced challenges regarding the time dedicated to each of the assignments and projects carried out due to my working hours. From then on, I had an excellent experience and enormous satisfaction studying this specialty that will be very helpful for the continuous improvement of my work as a teacher.

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